

SOUTHERNHAY HOUSE

Made in Exeter

Breakfast Menu

Residents £17.50 (included in some room rates)

Non residents £19.95

At your table

Croissants, fresh orange juice, Cornish yoghurt, granola and fruit compote

Tea or coffee and fresh toast (gluten free bread available)

To order, your choice of:

The "Full English"

Eggs your way, bacon, roast tomatoes, mushroom, black pudding,

baked beans, sausage and toast,

Creamy porridge with fruit compote (gluten free available),

Scrambled eggs and smoked salmon,

Scrambled tofu, spinach, confit tomatoes on sourdough toast,

Buttermilk pancakes (gluten free available)

with either berries and pecan butter or smoked bacon and maple syrup, or

Fresh fruit salad,

Grilled kippers, spinach and poached egg (allow 20 mins),

Fried eggs, roasted field mushrooms, smoked bacon crumb,

Soft boiled eggs and 'soldiers'

Allergy Advice

We use all reasonable efforts to accommodate dietary requirements. Our staff are fully trained in common allergens and their sources. Please notify our Duty Manager if you have a known allergy or are concerned about the ingredients in any dish.